



SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
DEPARTMENT OF PSYCHOLOGY
END OF SEMESTER EXAMINATION FOR
DOCTOR OF PHILOSOPHY IN MARRIAGE AND FAMILY THERAPY
JAN - APRIL 2021 TRIMESTER
CAMPUS: ONLINE EXMINATION
COURSE CODE: PMFT 713: ADVANCED THEORIES IN MFT
EXAM DATE: 14TH APRIL 2021
DURATION: 3 HOURS
TIME: 6-9PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your STUDENT NUMBER in the Answer Booklet given
- This Exam has TWO SECTIONS
- **SECTION ONE** is Compulsory.
- **SECTION TWO** *Choose Any Three Questions*
- *Write clearly and legibly.*

SECTION A (compulsory)

Question one

a) Who we are racially and /or who we are perceived to be racially shapes our attitudes, beliefs and behaviors”. Discuss the above statement in relation to racial sensitivity in therapy. (4 Marks).

A white therapist asked an African American client about her family of origin. During the conversation, the therapist learned that the client had several younger siblings. Both she and her siblings were well educated and established successful careers. The therapist responded to this information as follows: “Your parents must be very proud of you and your siblings. It must have been difficult for a poor family to provide their children with all the resources and opportunities that supported your many accomplishments”.

b) Discuss any two reasons that may have made the therapist to assume that the clients’ family had a poor upbringing yet she never made any references to her family’s economic situation. (4 marks)

c) Discuss any two ways in which therapists can become racially sensitive. (2 marks)

SECTION B (ANSWER ANY THREE QUESTIONS)

Question two

a) Discuss any two ways in which intervention models in family therapy may reflect the values of the country in which it was developed. (4 marks)

b) Analyze any two reasons why therapy models may require to be developed and culturally translated when being used in another country with a different culture. (6 marks)

Question three

a) Analyse any two symptoms of a dysfunctional family according to family systems theory. (4 marks)

b) The culture of a family has a profound effect on its members. Using structural and Bowen’s family systems theories, discuss how family culture infiltrates every aspect of family life. (4 marks)

c) “Every individual can be located within a family and every family has inherited cultural baggage” explain how therapist cultural baggage is likely to interfere with their clinical work. (2 marks)

Question four

A case reported from Uganda

“People must not only learn to accept defeat but also to be prepared to deal with it. This can be done through pre-electoral and post-electoral counselling. The New Vision recently carried a story of a student of Makerere University who appears to have run mad because he had lost the guild election. In the just-concluded parliamentary elections, many important personalities were reported to have been involved in election violence and malpractices. This is because they were not prepared for defeat. I live close to two losers of the same parliamentary election; but they appear to be going through what I may call Post-Electoral defeat syndrome (PEDS). PEDS is characterised by severe depression. Irritability, hopelessness, confusion, mistrust and general feelings of apathy. People with such feelings may be dangerous to themselves and the people around them. The loss in terms of time, money, physical energy and trust as candidates search for votes is unfathomable. Whereas winners need counselling to deal with their excitement, in case it “overflows, losers need more counselling to deal with post-electoral trauma.” (Bakaswirewa, M, 2001).

- a) Identify one MFT theory you would use to counsel clients experiencing PEDS. (2 marks)
- b) Discuss any two reasons for your choice. (4 marks)
- c) Discuss any two challenges a therapist may encounter while using MFT Theories to counsel PEDS clients. (4 marks)

Question five

“ Class is like the air we breath “

- a) Discuss the above statement in relation to influence of class in therapy. (4 marks)
- b) Illustrate in two ways how class shapes therapists and clients lives. (4 marks)
- c) Demonstrate any one way in which therapists can confront class biases and prejudices in therapy.