

PANAFRICA CHRISTIAN UNIVERSITY

PSYCHOLOGY DEPARTMENT

ROYSAMBU CAMPUS

PMFT 123: FAMILY ASSESSMENT

Time 3 Hours

Monday: 5.30-8.30 pm

Instructions: Answer question one and any other two

Question one

- a) Explain the importance of medical and personal history in assessing client's issues in therapy. (8 marks)
- b) Discuss why a therapist should assess family dynamics while working with individual clients. (8 marks)
- c) Briefly explain four types of assessment methods used in family assessment. (8 marks)
- d) Discuss the following three family functioning domains assessed by Clinical Rating Scale (CRS). (6 marks)

Question two

- a) You are a Bowenian therapist. Demonstrate how you would apply the genogram of a family in a therapeutic situation. (10 marks)
- b) Discuss some of the areas you would assess in the family. (5marks)

Question three

- a) Discuss the importance of a genogram in family assessment (2 marks)
- b) Evaluate the importance of global assessment of relational functioning (GARF) scale as a tool used in family assessment (5 marks)
- c) A ten year old orphan has been sexually abused by her uncle. The children's office is seeking for her admission into a children's home. Explain four ways you would use an environmental assessment index (EAI) while assessing her placement. (8 marks)

Question Four

Elaine, a 43 year old paralegal, and her 45 year old husband Sam, the owner of a small house repairs business, came to therapy requesting help for their 14 year old son, Brian, who expressed fear and resentment about transferring to a new middle school. The family had recently moved to a new neighbourhood because they wanted Brian and her 10 year old sister, Danielle, to benefit from the better schools in this new location. The parents described Brian as quiet and “into himself”, but they said they had never thought much of it and were happy that he had no behavioural problems at school or home. Brian’s academic performance at his previous middle school was average. The family moved to their new neighbourhood about six weeks before the start of the school year. During the first three weeks of school, Brian attended school for only seven full days. On the other days he came home sick or did not go to school because of stomach pain and headaches. The schools attendance office had contacted the parents about Brian’s situation, his parents had taken him to their primary care doctor who could not find anything wrong with him and referred him for therapy.

- a) Based on the presenting problem and on therapist’s systemic theoretical framework, discuss any two qualitative assessment strategies that can be used in assessing the structure, hierarchy and family interactions of Brian’s family. (10 marks)
- b) Identify any two themes that can be addressed in therapy with this family (5 marks).

Question five

- a) Examine any three areas that are assessed by the Gottman relationship check-up (questionnaire) (9 marks)
- b) Suggest three ways in which Gottman’s sound relationship theory can be applied in a christian setting. (6 marks)