



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR CERTIFICATE IN
COUNSELING PSYCHOLOGY
SEPTEMBER-DECEMBER 2019

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELLING PSYCHOLOGY

COURSE CODE: CCOU0119

COURSE TITLE: THEORIES OF PERSONALITY

EXAM DATE: TUESDAY 3RD DECEMBER 2019

DURATION: 2 HOURS

TIME: 9:00AM-11:00AM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- *Write clearly and legibly.*
- This exam script consists of **Six (6)** questions.
- Answer **question ONE** and **Any other three (3)** questions
- *ALL PAC University's examination rules and regulations apply*

QUESTION 1

- a) Define the following terms:
 - i) Personality as outline by Carl Rodgers (2 Marks)
 - ii) Theory (2 Marks)
- b) Explain any two ideas in ‘Learned Helplessness’ (4 Marks)
- c) With the use of an example explain the meaning of Operant Conditioning (4 Marks)
- d) Analyze any two steps in the Modelling process (4 Marks)
- e) Describe any Four characteristics of internally controlled individuals in Locus of Control Theory (8 Marks)
- f) Discuss the following themes from Personal Construct Theory
 - i. Individuality
 - ii. Choice
 - iii. Experience (6 Marks)

QUESTION 2

- a) Illustrate the Hierarchy of Needs Theory by Abraham Maslow (8 Marks)
- b) Outline any two traits of ‘Sensation-seeking’ as outlined by Marvin Zuckerman (2 Marks)

QUESTION 3

- a) Highlight any Four developmental tasks in Eric Erikson’s theory (4 Marks)
- b) Discuss any Three Psychosexual stages of the psychoanalytic theory (6 Marks)

QUESTION 4

- a) Describe any two structure of personality according to Sigmund Freud. (4 Marks)
- b) Discuss any three ways one can ‘Predict behaviour’ according to Julian Rotter (6 Marks)

QUESTION 5

- a) Discuss any Two Differences between Positive and Negative Reinforcement as outlined by B.F. Skinner (6 Marks)
- b) Describe any two “Law of Effect” as outlined by Edward Thorndike (4 Marks)

QUESTION 6

- a) Discuss any Three Major concept in Individual Psychology Theory by Alfred Adler (6 Marks)
- b) Using examples, differentiate between Catharsis and free association (4 Marks)