



PAN AFRICA CHRISTIAN UNIVERSITY

**END OF SEMESTER EXAMINATION FOR CERTIFICATE IN
COUNSELLING PSYCHOLOGY**

MAY - AUGUST 2021

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: CCOU0116

COURSE TITLE: INTRODUCTION TO CAREER COUNSELLING

EXAM DATE: 10TH AUGUST 2021

TIME: 8:00AM – 11:00AM

INSTRUCTIONS:

- Read the instructions and questions carefully before you start the examination.
- Write your **student number**.
- This exam has SIX questions. Answer **QUESTION ONE** and any other **THREE** questions from section B.
- *Write clearly and arrange your points in paragraphs.*
- *Time allowed: 2 hrs*
- *ALL PAC University's examination rules and regulations apply*

SECTION A: COMPULSORY (10 MARKS)

QUESTION 1

- a) Explain what Career counselling is. (2 marks)
- b) Briefly describe the ACT World-of-work Map and how you can use it as a counsellor. (4 marks)
- c) Discuss any TWO assessment tools you can use as a counsellor. (4 marks)

SECTION B: Answer any THREE questions from this section 10 Marks each.

QUESTION 2

- a) Analyze any TWO job keeping skills you have learnt. (4 marks)
- b) Explain any THREE changes that can take place in the workplace. (6marks)

QUESTION 3

- a) Differentiate between the following Career developmental theories:
 - i) Frank Parson's Trait and Factor Theory (2 marks)
 - ii) Holland Theory of Vocational Types. (2 marks)
- b) Discuss any THREE factors that influence career choice. (6marks)

QUESTION 4

- a) Describe any TWO effective job search strategies. (4marks)
- b) Explain any THREE mistakes people make during a job search. (6 marks)

QUESTION 5

- a) Examine any TWO factors one needs to consider when choosing a career from a biblical perspective. (4 marks)
- b) Describe THREE ways Albert Bandura's Theory can help one to set up their career development successfully. (6 marks)

QUESTION 6

- a) Explain TWO main areas of studies in Career development. (4 marks)
- b) Analyze any THREE personality types as described by Holland Theory (6marks)