



PAN AFRICA CHRISTIAN UNIVERSITY

**END OF SEMESTER EXAMINATION FOR CERTIFICATE IN
COUNSELLING PSYCHOLOGY**

JANUARY – APRIL 2024

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: CCOU0112

COURSE TITLE: INTRODUCTION TO HUMAN GROWTH

EXAM DATE: APRIL 2024

TIME:

INSTRUCTIONS:

- Read the instructions and questions carefully before you start the examination.
- This exam has FIVE questions. Answer **QUESTION ONE** and any other **TWO questions from section B.**
- *ALL PAC University's examination rules and regulations apply*

SECTION A

ANSWER ALL THE QUESTIONS (COMPULSORY) 20 Marks

QUESTION ONE

a) Explain the following terms in the study of Human Growth and Development. (6mks)

- i. Human Growth and Development
- ii. Genes
- iii. Mitosis

b) Discuss briefly **THREE** key important reasons for Studying Human Growth and Development as a counselor. (6mks)

c) Describe **TWO** ways we can apply our biblical knowledge in human growth and development (4mks)

d) Briefly explain **TWO** factors affecting physical and motor development. (4mks)

SECTION II CHOOSE ANY TWO QUESTIONS (20MARKS)

QUESTION TWO

a) Discuss the following **FIVE** stages of Psychosexual Development according to Sigmund Freud

- I. Oral Stage (2mks)
- II. Anal Stage (2mks)
- III. Phallic Stage (2mks)
- IV. Latency Stage (2mks)
- V. Genital Stage (2mks)

QUESTION THREE

a) Sasha is a 4-year-old child who frequently throws tantrums when she doesn't get her way. Her elder brother Ishmael is 14 years has had a challenge keeping up with his studies and mostly keeps to himself. Their parents are struggling to manage Sasha's behavior and also very concerned about Ishmael.

- i) Identify Sasha's psychosocial stages of development (1 Mk)
- ii) Explain the key conflict of this stage and how it might be related to Sasha's behavior (3 mks)
- iii) Discuss **THREE** factors that may have influenced Ishmael's growth and development (6mks)

QUESTION FOUR

- a. Discuss three (3) aspects of social development in young adulthood. (6 marks)
- b. Briefly explain the **TWO** processes of cell division in pre-natal development (4mks)

QUESTION FIVE

- a) Motor development involves the refinement of various skills. Describe **TWO** key tasks involved in motor development (4mks)
- b) Briefly discuss **THREE** ways to safeguard growth & development of healthy children (6mks)