



PAN AFRICA CHRISTIAN UNIVERSITY

END OF TERM EXAMINATION

COU2321: LOSS & GRIEF - VR

FRIDAY NOVEMBER 28TH, 2014

1800HRS – 2100HRS

INSTRUCTIONS

- This exam paper has **Two** sections **A & B**
- Answer **All** Questions in section **A** and **Four** questions in section **B**
- Write your **student number** on the answer booklet provided.
- Read all questions carefully before attempting.
- Use a new page for every question attempted and indicate the question number on the space provided on each page of the answer sheet.

Section A: Compulsory

Question 1

- a) Define the following terms:
 - Normal grief. **(2 marks)**
 - Anticipatory grief. **(3 marks)**
 - Decathexis according to Freud (1913). **(5 marks)**
- b) Identify and explain five other losses apart from bereavement. **(10 marks)**

Section B: Answer any FOUR questions

Question 2

- a) Critique Worden's four Tasks of Mourning. **(10 marks)**
- b) Cultural and religious attitudes towards death and dying affect psychological and developmental aspects of death. Contrast ancient Jewish regard of the body of a dead person and your own culture. **(10 marks)**

Question 3

- a) "For I am already being poured out like a drink offering, and the time has come for my departure. I have fought the good fight; I have finished the race...." (2 Tim. 4: 6 -7). Contrast this with Kobler – Ross's view of acceptance toward impending death. **(10 marks)**
- b) Discuss the Attachment Theory (Bowlby 1969, 1973, 1980) in relation to separation. **(10 marks)**

Question 4

- a) Rando (1983) identified seven specific factors contributing to an increased risk of Complicated Grief. Explain any five of these. **(10 marks)**
- b) Describe the Classic Psychodynamic Model of bereavement by Freud (1917/1957). **(10 marks)**

Question 5

- a) Describe the characteristics of Pathological Grief Disorder according to Prigerson et al., (2009). **(5 marks)**
- b) For a child, the thought of dying hardly crosses their mind. Explain why they feel the way they do. **(5 marks)**
- c) The Western World has moved toward a more individualistic view of the self and it is difficult for griever to feel supported in creating lasting connections with those who die. Contrast this with your own culture. **(10 marks)**

Question 6

- a) We cannot help the terminally ill patient in a meaningful way if we do not include his or her family. Discuss **(10 marks)**
- b) Explain the factors that make the experience of the loss of a child to a parent more difficult. **(10 marks)**

Question 7

- a) Kubler –Ross (1969) states five stages of death that are universal to most (if not all) cultures. Discuss denial, anger, depression, and bargaining stages. **(10 marks)**
- b) A married couple may have been engaged in physical and verbal fights for years but when one of the partner dies, emotions change. Explain the dynamics that take place then **(10 marks)**