



PAN AFRICA CHRISTIAN UNIVERSITY

END OF TERM EXAMINATION (MAY TO AUG 2022)

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE:BCOU3223

COURSE TITLE: INTRODUCTION TO ALCOHOL AND SUBSTANCE ABUSE.

EXAM DATE: AUGUST 2022.

TIME: 5.30 PM – 8.30 PM THREE (3) HOURS

INSTRUCTIONS

- **Read all questions carefully before attempting.**
- **Write your student number on the answer booklet provided.**
- **Question ONE IN SECTION A is Compulsory.**
- **Answer any other TWO questions FROM SECTION B.**

SECTION A - COMPULSORY QUESTION (20 Marks).

QUESTION 1

- a) Outline two symptoms that are indicative of Drug Abuse (2 Marks).
- b) Explain rehabilitation with regard to Alcohol and Substance Abuse (2 Marks).
- c) Identify the function of Serotonin as a neurotransmitter (2 Marks).
- d) Distinguish between Drug Addiction and Drug Tolerance (2 Marks).
- e) Explain Four Key Principles of Drug Addiction (4 Marks).
- f) Outline the Four Major Clinical classification categories of Psychoactive Drugs (4 Marks).
- g) Describe two Christian perspectives towards substance use (4 Marks).

SECTION B: ANSWER ANY OTHER TWO QUESTIONS FROM THIS SECTION

QUESTION 2

- a) Identify two most common causes of relapse in an individual who has stopped using drugs (2 Marks).
- b) Discuss two techniques in each of the following therapeutic approaches that can be applied to help manage addiction;
 - i) Motivational Enhancement Therapy (4 marks).
 - ii) Cognitive Behavior Therapy (4 marks).

QUESTION 3

- a) Explain the following stages of change that clients are expected to go through during Motivational Interviewing;
 - i) Contemplation (2 Marks).
 - ii) Preparation (2 Marks).
- b) Discuss three ways in which drug abuse may lead to crime in the society (6 Marks).

QUESTION 4

- a) Outline any two theories of drug use (4 Marks).
- b) Discuss three reasons why Family therapy is an essential part of substance abuse therapy for individuals (6 marks).

QUESTION 5

- a) Explain two functions of a synapse in a neuron (2 marks).
- b) Using the Social Influence Model describe how the following four components are applied to control drugs in institutions;
 - i) Providing information on consequences (2 marks).
 - ii) Providing information on the Social Influence (2 Marks).
 - iii) Correcting perceptions (2 Marks).

iv) Training (2 Marks).