



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY**

MAY-AUGUST 2019 SEMESTER

CAMPUS: VALLEY ROAD

DEPARTMENT: COUNSELLING PSYCHOLOGY

COURSE CODE: COU3323

COURSE TITLE: GROUP COUNSELING

EXAM DATE: TUESDAY 6th AUGUST 2019

DURATION: 2 HOURS

TIME: 5:30PM-7:30PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- *Write clearly and legibly.*
- **This Exam Script has TWO (2) Sections.**
- **Section “A” is COMPULSORY.**
- **Answer any THREE questions in section “B”**
- *ALL PAC University’s examination rules and regulations apply*

SECTION A: COMPULSORY

QUESTION ONE

- (a) Describe any three duties of a group leader in pre group planning. 9 marks
- (b) You are a school counselor in a mixed school of 160 students, where children aged between 4 and 17 years are abusing drugs and as a result they have neglected learning. In reference to the above case study, describe how you would constitute counseling groups taking into account;
- i) Member selection 4 marks
- ii) group composition 4 mark
- (c) Explain any three experiences members go through during the transition stage of group counseling. 9 marks.
- (d) Discuss any two characteristics of the Working stage of group counseling 4 marks
- (e) Briefly explain two disadvantages of group counseling. 4marks
- (f) Describe any three ways that a group leader would use to evaluate group experience during termination stage 6 marks

SECTION B- 60 MARKS---ANSWER ANY THREE QUESTIONS FROM THIS SECTION

QUESTION TWO

- (a) Describe three themes of Humanistic approach to group counseling 6marks
- (b) (i) Discuss any three professional/ethical issues that a counselor should uphold during group counseling 9 marks
- ii) Outline 5 advantages of group counseling. 5 marks

QUESTION THREE

- (a) Differentiate between Psychodynamic and Cognitive Behavioral Therapy (CBT) theoretical approaches to group counseling 6marks
- (b) Briefly explain three reasons why parents may discourage their children from participating in group counseling 6 marks
- (c) Explain any four forms of resistance that children exhibit in counseling groups 8 marks

QUESTION FOUR

- (a) Briefly explain a Christian theological understanding of group counseling 4marks
- (b) Describe the activities of the group leader/counselor in termination stage. 6 marks
- (c) "The success of group counseling depends on the competence of the leader and the level of disclosure of the members" Evaluate the statement. 10 marks

QUESTION 5

- (a) Highlighting your personal areas of growth explain how the course has equipped you to be a better group counseling facilitator 10 marks
- (b) Explain any three ways you would use to evaluate growth in your counseling group 6marks
- (c) Discuss any two ways in which group counseling may not be suitable as a therapeutic process. 4 marks