



**PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE MASTER OF ARTS IN
COUNSELING PSYCHOLOGY
JANUARY- APRIL 2025**

CAMPUS: ONLINE

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MCP 604

COURSE TITLE: ADDICTIVE AND SUBSTANCE ABUSE DISORDERS

EXAM DATE:

TIME:

INSTRUCTIONS

- Read all questions carefully before answering.
- Write your **student number** on the space provided.
- Answer **ALL** questions in **Section A** and **ANY** other **TWO** from **Section B**

SECTION A – Answer all Questions (20 marks)

QUESTION ONE

A. Differentiate between the following terms as used in addictive and substance use disorders:

- i) Substance abuse and substance use disorders. (4marks)
- ii) Substance addiction and substance dependence. (4marks)

Read the case study below and answer the question that follow.

Dedan a 32-year-old father of two, grew up in a strict Christian family. From an early age Dedan learnt the value of; staying connected to God, working hard and remaining focused. When he got his first job, he began to secretly take 'a little' alcohol after work. Despite an inner conviction that his actions were wrong, Dedan continued to misuse alcohol to a point that he lost his job. Seeing the downward trend, his wife convinced him to seek help and he was brought to you.

B). Describe any two reasons that may have influenced Dedan's decision to start abusing alcohol. (4marks)

C). Examine any two scriptures that Dedans' parents might have used to dissuade him from the abuse of alcohol and other substances. (4 marks)

D) Articulate any two roles that you would play in helping Dedan fight against substance abuse. (4 marks)

SECTION B: Answer any two questions (20 marks)

QUESTION TWO

Alexandria, a 21-year-old university student, grew up in a home where substance use was common. Her father, uncles, brothers, and almost every male in her paternal lineage was involved in some form of substance use. When she left home to join the university, Alexandria began using Cannabis occasionally, but over time the use escalated to daily consumption. As a result, her academic performance has significantly declined, and her personal life, including relationships and overall well-being, is deteriorating. Despite these negative consequences, Alexandria continues to use Cannabis.

A) Examine any two risk factors that may have predisposed Alexandria to this problem. (4 marks)

B) Analyze any three stages Alexandria went through before she got into the current stage (6 marks)

QUESTION THREE

a) Illustrate any two behavioral addictions. (4 marks)

- b) Analyze any three philosophical approaches of substance use disorders. (6 Marks)

QUESTION FOUR

Joe, a 35-year-old engineer, began smoking cigarettes just for fun. Over the past several months, Joe has developed a tolerance for nicotine. He desperately wants to stop smoking but he cannot help himself.

- a) Explain the two characteristics of tolerance that Joe might exhibit. (4 marks)
- b) Discuss any three treatment approaches you will apply to work with Joe. (6 marks)

QUESTION FIVE

- a) Examine any two parts of the brain that play a role in substance abuse and addictions. (4 marks)
- b) The diagnostic criteria for substance use disorders can be summarized in four main categories. Describe any three of these categories (6 marks)