PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

END OF SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF ARTS IN COMMUNITY DEVELOPMENT

MAY-AUGUST 2026 TRIMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: COMMUNITY DEVELOPMENT

COURSE CODE: CDC118

COURSE TITLE: YOUTH AND DEVELOPMENT

EXAM DATE: TUESDAY 28TH JULY 2026

TIME: 8:00AM-11:00AM

DURATION: 3 HOURS

INSTRUCTIONS

- Read all questions carefully before attempting.
- Write your details on the answer booklet provided
- **Answer any THREE Questions**
- All other PAC University examination rules and regulations apply

QUESTION ONE

Amina is a 17-year-old girl living in an informal settlement in Nairobi. Her father is frequently absent due to employment migration, her school lacks trained counsellors, and the neighbourhood has high rates of drug use.

a) Using Bronfenbrenner's Ecological Systems Theory, map the different system levels affecting Amina's development. (15 marks)

b) Suggest **one** intervention at each system level. (5 marks)

QUESTION TWO

a) A youth-serving NGO in Kisumu wants to adopt the **SOS** framework, on positive youth development approach for its programmes serving out-of-school youth. Describe and cite relevant examples of the **SOS** framework the NGO should provide. (9 marks)

b) Identify any **six** Bible characters who were used by God while still youthful and what encouragement do each portray to the youth today. (6 marks)

c) Identify any **five** youth empowerment programs that have been set up by the government for the youth. (5 marks)

QUESTION THREE

a) Describe to staff of the Bold Changers youth organization on how they can use the **eight** levels of Hart's Ladder of Participation Model to encourage youth participation in their programmes. (16 marks)

b) Distinguish between genuine and non-genuine participation, and explain which forms are most empowering for young people. (4 marks)

QUESTION FOUR

a) Explain any **Five** Cs of positive youth development and why each is important.

(10 marks)

b) Using any **five** relevant examples, explain why the study of human growth and development theories is essential for community development practitioners.

(10 marks)

QUESTION FIVE

a) Youth empowerment agenda has been at the forefront of discussion by the Government and NGOs working with the youth. Describe any **five** dimensions of youth empowerment the Government and NGOs can use. (10 marks)

b) Describe the key physical, social, emotional, and intellectual characteristics of young people. (5 marks)

c) Based on the characteristics cited in (b) above what considerations should community workers have in mind when engaging with the young people. (5 marks)