



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS COUNSELLING PSYCHOLOGY
SEPTEMBER-DECEMBER 2020

CAMPUS: ONLINE

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU4232

COURSE TITLE: COUNSELLING SUPERVISION III

EXAM DATE: 17TH DEC 2020

TIME: 2.30-4.30

DURATION: 2hrs

INSTRUCTIONS

- Write your **student number** on the answer booklet provided.
- Read the questions carefully before attempting.
- This Exam accounts for thirty (30) per cent of your total grading. The exam will be marked out of 40 and then worked out of 30.
- The Exam has two sections – Section A and B.
- Section A has a compulsory question that carries Twenty (20) marks. Attempt all the sections.
- Section B has **three** (3) questions, each carrying Ten (10) marks. You are required to answer any **three** (2).
- Only the first three questions from section B attempted on your answer booklet will be marked. If you do not wish that to happen, cancel any answers you do not wish marked.

ALL PAC University's examination rules and regulations apply

PART A: ANSWER ANY TWO QUESTIONS FROM THIS SECTION. EACH QUESTION CARRIES 10 MARKS.

1. *The boy Variti, 10 years old, is brought to you for therapy. He is very disruptive in class, has fights with other children on the playground and has learning difficulties. The parents are exasperated by this continuous report from the school. At home, the boy is disobedient, always breaks things and throws such bad temper tantrums. At one time, he held a knife threatening to kill his father for punishing him.*

From this case, answer the following questions:

- a) Provide markers that you could use for a diagnosis for Variti. (3 mark)
- b) Explain two ways you would win Variti's confidence. (4 marks)
- c) Give a possible explanation where Variti's difficulties could be rooted. (3 marks)
- d) Describe the way you would explore Variti's issues. (4 marks)
- e) Develop a treatment plan for Variti (6 marks)

PART B: ANSWER ANY TWO QUESTIONS FROM THIS SECTION. EACH QUESTION CARRIES 10 MARKS.

2. As a Counsellor, explain the importance of the following:
- a) Attending to spiritual materials in therapy. (3 marks)
 - b) Integrating faith to support healing. (3 marks)
 - c) Spiritual tools you may need to develop as a practicing Counsellor. (4 marks)
3. You are setting up a new Counselling Centre. Briefly discuss:
- a) Detail how you would safeguard the Centre from litigation. (5 marks)
 - b) How you would ensure safety of the Counsellors working there from assault. (5 marks)
4. Therapy is moved forward by good skills and a grounded theoretical framework. Describe the following attributes of your own Counselling experience:
- a) Your theoretical orientation and how you use it; (5 marks)
 - b) The place the following skills play in your therapy:
 - i) Reflection
 - ii) Confrontation
 - iii) Immediacy (3 marks)
 - c) The role of research in empowering self to meet the needs of your clients. (3 marks)