



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF PhD IN MARRIAGE
AND FAMILY THERAPY
JAN-APRIL 2023 SEMESTER (END OF SEMESTER EXAM)
CAMPUS: ONLINE
DEPARTMENT: PSYCHOLOGY
COURSE CODE: PMFT 821
COURSE TITLE: MFT IN SCHOOLS
EXAM DATE: APRIL 2025
DURATION: 3 HOURS
TIME: 6-9pm

SECTION A. (COMPULSORY-20 MARKS)

QUESTION ONE

In 2020, you were appointed as the Director, Quality Assurance in charge of counseling services in schools. Your responsibility was to look into the quality of counseling services in schools.

- a) Discuss **any three** factors that may have affected the quality of counselling in schools in the last five years. (6 marks)
- b). Explain in **two ways** measures you would carry out to enhance guidance and counselling services in the school. (4 marks)

c.) Examine in **three ways** how counselling adolescents differs from counselling adults. (6 marks)

d) Describe two ways in which you can win the support of a resistant adolescent client during counseling. (4 marks)

SECTION B Answer any two questions

QUESTION TWO

a) Critically examine why Solution Focussed Brief counselling is suitable for counselling in schools (6 marks)

b) Discuss **any two** Solution Focused Brief Counselling techniques that can be used in a school setting. (4 marks)

QUESTION THREE

a) You have been invited to a school to give a talk to teachers on how to handle the pre-adolescent. Describe three characteristics of pre pubertal developmental stage and how it affects counselling in schools. (6 marks)

b) Explain **two** methods used to counsel children in traditional African societies. (4 marks)

QUESTION FOUR

a) Analyze in **three ways** the role of the Kenyan constitution 2010 in shaping guidance and counselling services in schools. (6 marks)

b). In **two ways**, account for the need of counselling services in the school set up in the new millennium. (4 marks)

QUESTION FIVE

a) “Work undertaken by counsellors in schools is three dimensional.”
Critically examine **any two** of the dimensions (4 Marks)

b). Describe **any one** guiding Principles as stipulated in the Public Service Guidance and counselling Policy. (2 marks)

c) As an MFT counselor trainee, illustrate with **two examples** the role of MFT in school counseling. (4 marks)

