



SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

**END OF SEMESTER EXAMINATION FOR THE MASTER OF ARTS IN
COUNSELING PSYCHOLOGY**

SEPTEMBER – DECEMBER 2020 TRIMESTER

CAMPUS: ONLINE EXMINATION

COURSE CODE: MCP 501

COURSE TITLE: FUNDAMENTALS OF COUNSELING PSYCHOLOGY

EXAM DATE: DEC. 8TH 2020

DURATION: 3 HOURS

TIME: 5.30 to 8.30PM

INSTRUCTIONS

Read the instructions and questions carefully before you write the answers.

Write your STUDENT NUMBER in the Answer Booklet given

This Exam has TWO SECTIONS

SECTION ONE is Compulsory.

SECTION TWO *Choose Any TWO Questions*

Write clearly and legibly.

SECTION ONE (Compulsory)

QUESTION ONE

- a) Critically analyze three (3) roles of Counseling Psychologists (6 Marks)
- b) Discuss two (2) special features of a counseling relationship (4 Marks)

SECTION TWO (Choose any two questions)

QUESTION TWO

- a) Citing relevant examples, explain three (3) functions of theories in the counseling process. (6)

b) Discuss:

- i) The concept of Unfinished Business (Unresolved Issues) according to Gestalt Theory

(2 marks),

- ii) Explain how unfinished business can cause maladaptive behaviors among clients. (2 Marks)

QUESTION THREE

- a) In regard to non-verbal skills, a client may not remember much of what the counselor says during the initial meeting but the client can remember how the counselor made him/her to feel. Discuss. (4 marks)

- b) Describe three (3) verbal skills in the counseling relationship (6 Marks)

QUESTION FOUR

- a) Critically analyze the first four (4) stages of the counseling process (8 Marks)
- b) Discuss how you would prepare a client for termination (2 Marks)

QUESTION FIVE

- a) Describe three (3) ethical and professional issues in the counseling profession (6marks)
- b) Discuss in details two (2) self-care measures for counselors (4 marks)