



**PAC INSTITUTE OF TECHNOLOGY AND SOCIAL STUDIES
MAY – AUGUST 2025 ASSESSMENT**

FORMATIVE ASSESSMENT

Qualification: Counselling Psychology LEVEL 6
Code: **PSY/CU/CO/CR/05/6**
Unit of Competency: Special Needs and Disability Counselling 2
[MAY 24/ JAN 24]

WRITTEN ASSESSMENT

TIME: 3 HOURS

INSTRUCTIONS TO THE CANDIDATE:

- 1. Read all the instructions carefully before attempting the questions.*
- 2. This paper consists of two sections, A & B.*
- 3. You are allowed 3 Hours to Answer the questions.*
- 4. Marks for each question are indicated in brackets.*
- 5. Write your responses in the Separate Answer booklet provided.*
- 6. Do not write anything on this question paper.*

SECTION A - Total marks 40
Attempt all the questions in this session.

1. Define the meaning of the following terms.
 - a) Special Needs? (2 marks)
 - b) A special need child (2 marks)
2. Explain 2 types of disabilities that fall under special needs (4 marks)
3. Explain FOUR ethical standards to consider when conducting Special Needs and Disability Counselling (4marks)
4. State FOUR goals of counselling during the preparation phase. (4 marks)
5. Identify FOUR barriers to effective counseling for clients with disabilities.
6. Name FOUR tools used in client intake during Special Needs and Disability Counselling (4 marks)
7. Explain FOUR the importance of individualized education plans (IEPs) in supporting learners with disabilities.
8. Suggest FOUR roles of a counsellor when working with families of children with disabilities.
9. List any four common types of disabilities encountered in educational settings.
10. (a) Explain the meaning of Inclusive Education (2marks)
(b) List TWO benefits of inclusivity to students with special needs (2marks)

SECTION B (60 Marks) Attempt 3 questions

Attempt question 11 and any other two questions from this section.

11) Compulsory

Case Study (20 marks)

Case Scenario:

Michael is a 14-year-old boy diagnosed with cerebral palsy attending a mainstream school. He experiences difficulty in mobility and speech, leading to social isolation and frustration. His academic performance is average, but he shows signs of low self-esteem and anxiety.

- a) Identify three challenges Michael is likely facing. (5 marks)
- b) Propose four specific counseling interventions to support Michael's emotional well-being and social inclusion. (8 marks)
- c) Outline how you would engage Michael's family and school staff to create a supportive environment. (7 marks)

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- (a) Discuss 4 classification of children with special needs (12 Marks)
- (b) Explain the following stages which determines the safety development of a child; (6 marks)
 - i); Prenatal Stage
 - ii); perinatal stage
 - iii); postnatal stage

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- (a) Explain the different types of counselling interventions used for persons with disabilities. (10marks)
- (b) Discuss how can counsellors tailor these interventions to address issues such as grief, stress management, low self-esteem, and social isolation? (10marks)

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- (a) Identify five cultural factors that may influence the Special Needs and Disability counselling process and outcomes for diverse clients. (10 marks)
- b) Discuss strategies for ensuring that Special Needs and Disability interventions are culturally sensitive and appropriate. (10 marks)

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- (a) Discuss 5 ways in which the society/ Community can support individuals with special needs (10marks)
- (b) Describe the roles of families in supporting the persons with disabilities (10 marks)